

Connally High School
Strength and Conditioning (C)

SPEED & STRENGTH - Connally Cougars All Sports Camp
Incoming 7th-12th graders.

Camp Start Date:

June 1, 2026

Start Time:

8:00 AM

Camp End Date:

July 16, 2026

End Time:

10:00 AM

Venue Name:

CHS Cougar Stadium

Venue Address:

13212 North Lamar, Austin, TX 78753

Camp Cost:

\$160.00

Questions:

Registration: Cecelia Pedroza

Cecelia.Pedroza@pfsd.net

(512) 594 - 0850

Questions:

Charles Burton

Lloyd.Burton@pfsd.net

(512) 594 - 0851

Questions:

Meghan Nichols

Meghan.Nichols@pfsd.net

(512) 594 - 0880

Special Notes:

Please contact the campus athletic office for additional information Camp is weekly: Monday-Thursday (NO CAMP ON WEEK OF JUNE 29th) This camp focuses on: Speed, Strength, Agility, and Conditioning training. WHAT TO BRING: Own water, Tennis shoes, and cleats if desired. ***Reduced Rate Available for Families that Qualify***

Medical Info:

I hereby grant permission for my child to participate in the Connally Speed & Strength Camp. I certify that my child is physically able to attend camp. I release John B. Connally HS, Speed & Strength - Connally Cougars All Sports Camp, Pflugerville ISD, and all camp employees from any and all liability for personal injury arising from my child's participation in the Speed & Strength - Connally Cougars All Sports Camp.