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# 2026 PHS Boys Athletics Summer Speed & Strength Camp

**Camp Start Date:** June 1, 2026

**Start Time:** 9:00:00 AM

**Camp End Date:** July 30, 2026

**End Time:** 12:00:00 PM

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**Venue Name:** PHS Kuempel Stadium

**Venue Address:** 1301 W. Pecan, Pflugerville, TX 78660

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**Camp Cost:** \$160.00

**Questions:** Coach Schneider [Kevin.Schneider@pfsd.net](mailto:Kevin.Schneider@pfsd.net) (512) 594 - 0628

**Questions:** Additional Information: Coach Taylor [charles.taylor@pfsd.net](mailto:charles.taylor@pfsd.net) (512) 594 - 0551

## Special Notes:

Camp is each week: Monday - Thursday (No Fridays) from June 1st - July 30th. There will be no camp the week of June 29th and on 7/23. Athletes should wear clothing which is appropriate for indoor/outdoor exercise and closed-toe shoes. Session 1 (6/1 thru 6/25)(9:00-10:30) Varsity and JV athletes (10-12th Grade.)(7/6 thru 7/30) (8:00-10:30) Session 2 (10:30-12:00) Incoming Freshman and Middle School Athletes (7th / 8th Grade.) \*\*\*Reduced Rate Available for Families that Qualify. Please contact the campus athletic office for information.\*\*\*This camp will have three distinct sections and goals. First will be the weight room component designed to improve the athlete's overall strength and power. The second part will be agility and speed training along with general conditioning. The goal of these two parts is to prepare the participants for the physical demands of their sports and decrease the potential for injury. The third part will be sport specific skill training.

## Medical Info:

I hereby grant permission for my child to participate in 2026 Pflugerville High School Speed & Strength Camp. I certify that my child is physically able to attend camp. I release 2026 Pflugerville High School Speed & Strength Camp, Pflugerville ISD, and all camp employees from any and all liability for personal injury arising from my child's participation in 2026 Pflugerville High School Speed & Strength Summer Camp.