



2025 Weiss Wolves S&C Boys

Camp Start Date: June 2, 2025

Start Time: 8:00:00 AM

Camp End Date: July 31, 2025

End Time: 10:30:00 AM

Venue Name: Weiss HS Stadium

Venue Address: 5201 Wolf Pack Drive, Pflugerville, TX 78660

Camp Cost: \$160.00

Questions: Josue Flores Josue.flores@pfisd.net (512) 594 - 1400

Special Notes:

Boys' Session: Football (Varsity/JV) 8:00-9:00 AM (FB Skills) 9:05-10:00 AM (Weights/Conditioning)
8th Grade Boys & Incoming 9th graders Report @ 8:45 (Football Skills) 10:05-10:45 AM
(Weights/Conditioning) Camp is each week: Monday - Thursday (No Fridays) from June 10th - July 25th.
There will be no camp the week of June 30th-July 4th. This camp will have three distinct sections and goals.
First will be the weight room component designed to improve the athletes' overall strength and power.
The second part will be agility and speed training along with general conditioning. The goal of these two parts is to prepare the participants for the physical demands of their sports and decrease the potential for injury. The third part will be sport specific skill training. This will happen on a separate schedule/agenda to be released by each different sport separately in conjunction with this camp. Baseball Camp - register online here. Details - June 2-July 21, Tue/Thu 9:30-11:30 am (on separate camp list in Rank 1). Bring a water bottle and wear the appropriate shoes for the camp you are attending.

Medical Info:

I hereby grant permission for my child to participate in Weiss S&C Camp. I certify that my child is physically able to attend camp. I release Weiss High School and all camp employees from any and all liability for personal injury arising from my child's participation in Weiss S&C Camp .