Weiss High School Strength and Conditioning (F)



2025 Weiss Wolves S&C Girls

Camp Start Date: June 2, 2025

Start Time: 7:30:00 AM

Camp End Date: July 31, 2025

End Time: 11:00:00 AM

Venue Name: WHS Gym

Venue Address: 5201 Wolf Pack Drive, Pflugerville, TX 78660

Camp Cost: \$160.00

Questions: Karen Huffman Karen.huffman@pfisd.net (512) 594 - 1452

Special Notes:

Girl's Sessions (Main/Aux Gyms): *Full Summer General Session (Begins June 2) – 7:30-9:30 AM (Weights/Outside Conditioning) - Only for incoming 8th-12th to Weiss HS. *Parents pick up by 9:30 am/outside of gyms* *VB (Full Session 6/2-7/24) - 7:30-8:55 AM (Cond/Wts), 9:00-10 AM (Skills) *Parents pick up by 10:05 * Open Gym 10-10:45a on specified days/calendar will be provided* *VB (Half Session 7/7-7/24) - same schedule as above - \$80 *Basketball – (6/2-6/26) - 7:30-8:55 AM (Cond/Wts), 9:00-10 AM (Skills) - \$80 *Parents pick up by 10:05 * Open Gym 10-11a on specified days/calendar will be provided* *Softball - Will register for the general session. *SB Skills/Open Field Calendar will be provided by coaches for specified days*

Medical Info:

I hereby grant permission for my child to participate in Weiss S&C Camp. I certify that my child is physically able to attend camp. I release Weiss High School and all camp employees from any and all liability for personal injury arising from my child's participation in Weiss S&C Camp .